

NUTS & BOLTS



*'Every man needs
a shed'*

Vol 3 | Issue 1 | April 2016



In this edition

Page 2	Member News
Page 3	CPR awareness Georgie Hickey memorial plaque Oxenford Mens Shed Drawing & Art Painting CIP
Page 4	Westside Wellness Visit The Gut Busters Program Di Farmer's Visit Heart Foundation Visit
Page 5	Projects Update <ul style="list-style-type: none">• PCYC project update• Leatherwork clamps
Page 6	Projects Update <ul style="list-style-type: none">• The All Gauge Railway Table Executive News
Page 7	Member profile – Norm Pledger
Page 8	The Shed Singers Visit to NZ Shed
Page 9	Health & Welfare Corner
Page 10	All Things Nautical Grey Nomads Column
Page 13	Puzzles, Jokes & Trivia

Message from the Editor

Editor: Bob Ikin

There is a lot of interesting stuff in this edition. Every time I sit down to write this newsletter I reflect on how our shed has grown since I joined in 2011.

Our shed offers a wide range of activities and has provided a wealth of information on men's health issues thanks to the work of Brian O'Rourke and other members over the years. At our Christmas lunch last year Mal Weier expressed his pride in the way our members look out for each other and the member representation at recent funerals speaks volumes for the solidarity and mateship in our shed.

It is also that time of the year that we pause to reflect on those that have made the ultimate sacrifice in the service of our country.....LEST WE FORGET!!



Mens Shed Carina Inc.,

Clem Jones Centre
56 Zahel Street
CARINA, QLD, 4152

Ph: 07 3395 0678

E: info@mensshedcarina.org.au

W: www.mensshedcarina.com.au

MEMBER NEWS

Vale Mrs Janet Koh

Members were saddened to hear that Eric Koh's wife Janet passed away on 9th April 2016.

Our thoughts are with Eric and his family at this time.

Rest in peace Janet.

Apology from the Editor

I neglected to include Klaus Binder in the group of members who worked on the All Gauge Railway Table in the last edition of Nuts & Bolts.

Apologies Klaus and thanks for your efforts on the project.

Glenn Miller REMAX and Mens Shed Carina Member Presentation

29 February 2016

Fellow shed member Glenn provided a very informative presentation for our members on real estate trends. The Editor gleaned the following points from Glenn's presentation:

- The market is booming
 - The boom started in November – December last year
 - Be careful with two storey townhouses as too many are being built
 - Single storey, low set villas are popular
 - Decluttering is important if you are going to sell
 - Glenn does not believe in newspaper advertising
 - Internet advertising is the best option
 - If a property is on the market for three months and does not sell then it is overpriced.
- The market is blunt and honest.



Bunnings Sausage Sizzle

5 March 2016

Chief Sizzler Chris Davidson reports that our sausage sizzle was successful not only financially but as a team exercise as well.

Thanks go to all of our members who participated on the day.



CPR Awareness

21 March 2016

We were reminded of the importance of CPR when the CPR Awareness blokes visited our shed recently.

Margaret Hickey Unveils Georgie Hickey's Memorial Plaque

Special guest Margaret Hickey paid us a visit recently to unveil a plaque to honour the memory of her late husband and Mens Shed Carina founder Georgie Hickey.

Thanks Margaret and you are welcome to drop in at any time for a chat and a cuppa.



Oxford Mens Shed

31 March 2016

Some members of the Oxford Mens Shed visited our shed on 31 March 2016 and liked what they saw. Thanks to all our members who made them feel welcome.

Drawing and Art Painting Common Interest Group

From all reports the drawing and art painting group is powering ahead.



Westside Wellness Visit

4 April 2016

Dr David Doyle, health, weight loss, "lipo" laser expert and chiropractor visited our shed and gave a talk on maintaining a healthy lifestyle.

Thanks David.

Di Farmer's Visit

4 April 2016

MLA Member for Bulimba and strong supporter of our shed Di Farmer dropped in on 4 April 16 for a quick visit and to pick up a jar of John Abbott's famous relish.

Good to see you Di.

The Gut Busters Program

(article provided by Chris Davidson)

Shedders lose weight

A group of Carina Mens Shed members are more than 30 kilograms lighter, following their seven-week Gut Buster Program, conducted through the Clem Jones Centre as part of the Shed's men's health initiative.

Program leader Lewis Hayes (our regular Monday exercise-class instructor) said that the seven men who completed the program "had collectively lost 31.5 kilograms which was an average of 4.5 kilograms per participant over the seven weeks - or 0.64 kilograms per participant per week.

"Note that a weekly weight loss of half a kilogram is considered sustainable and healthy, so the program can be deemed to be successful," Lewis said.

The program focused on the importance of food management (80%) and exercise (20%) in weight loss, and included sessions on various topics such as reading and understanding food labels, healthy eating alternatives, emotional eating and responsible alcohol consumption.

Where to from here? The group agreed that the only way is down, and is continuing weekly weigh-ins immediately after the Monday Mens Shed class, setting longer-term weight loss targets for Christmas 2016 and restarting the Mens Shed walking group.

Heart Foundation Visit

11 April 2016

Richard Edwards from the Heart Foundation visited our shed and gave a presentation on how to live a long and healthy life. The Editor gleaned the following points from Richard's talk:

- Dementia is the 2nd biggest killer in Australia. Almost all forms of dementia have a vascular connection.
- More than 50% of heart attack deaths occur before the patient reaches hospital.
- Mini strokes/silent strokes can happen without warning.
- Eat nutritious food and your body will move to the correct weight.
- Check the Heart Foundation website for more information and visit your GP for check-ups on a regular basis.
- Stroke:
 1. **F** Face – get them to smile
 2. **A** Arms – get them to raise arms
 3. **S** Speech – get them to say something
 4. **T** Tongue – get them to protrude their tongue
- Risk Factors:
 1. Smoking
 2. Overweight
 3. Lack of physical activity
 4. Bad diet
 5. High blood pressure
 6. High blood cholesterol



PROJECTS UPDATE



PCYC Project Update

(article provided by David Spillane)

The youth shed project comprises Rotary Carindale, Carindale PCYC, Whites Hill College, Bunning's Cannon Hill and Men's Shed Carina. Police Sgt David Beard, Branch Manager of the Carindale PCYC headed up the project since its inception last year.

The Project operates from a simple custom-built 'shed' located immediately behind the PCYC complex. Each Tuesday, from about 3:30 pm to 5:30/6:00pm, about half a dozen or so lads from Whites Hill College meet with Sgt Dave and a bunch of men's shed carina members (joined by others from time to time from Carindale Rotary and Bunning's Cannon Hill) who gather for a chat, a bite to eat and to work as teams on a range of simple projects using various hand and power tools.

To date, the group has achieved to coordinate the construction of work benches and park benches, I believe that all stakeholders agree that this interesting 'social experiment' has exceeded expectations: the lads have been respectful and enthusiastic and Carina mens shed members Kevin Searle, Dennis Beck, Bob Power, David Spillane, Graeme Weatherly and latest recruit Angus Ross.

All have thoroughly enjoyed working with the boys and some firm friendships have been made.

The continuing program includes:

- Landscaping & gardening
- Mother's day gifts (spice rack, napkin holder)
- Cooking classes - basics to gourmet
- Vehicle maintenance & bicycle repair
- Building Go Karts for Billycart Festival



Bevan Guttormsen reports that the leatherwork clamps are almost ready for varnish.

He also reports that he is working on another boat so [Nuts & Bolts](#) will be reporting on his progress in future editions.

PROJECTS UPDATE



The All Gauge Railway Table

Well the handover has occurred and the table was received with much appreciation from the railway lads.

Well done to all members who worked on this project.

EXECUTIVE NEWS

- A suitable shed activity for men's health week is a priority. The suggestion of an activity linked with the CJC bowls club received support. It was agreed to research the concept further and prepare a detailed proposal.
- An up to date asset register is under construction.
- The purchase of a defibrillator for the shed was approved.
- A detailed analysis including research related to a proposal submitted by the Little Engine craft and wellbeing studio was tabled and discussed. The shed recreation room was considered unsuitable for the proposed activity. The proposal was declined.
- Four donated computers from the Brisbane City Council have been received and will be put into use as soon as possible.
- An offer for shed members to tour the Brisbane Airport was tabled and received a favourable response.
- An invitation for military veterans to staff a residential camp based on military ethos was received, details are available at the shed.
- A request for volunteers to participate in a research project - the effects of non-invasive brain stimulation on memory in aging - was received. Details of the project are available at the shed.
- An offer to advertise through "Google Ads" for a fee was received and declined.
- A detailed proposal to launch two new common interest groups has been received and circulated.
- The workshop area will be locked down when there is nobody in the workshop, particularly when all the present members are attending a session in the recreation room.
- Additional shed members are needed for the workshop manager's role at predetermined time slots.
- Chris Davidson spoke to his proposal for two new common interest groups, Tool Restoration and Fetes and Other Events. The proposal was well received and given executive support. The two new proposed CIGS will be put to the shed members to determine interest and if sufficient interest, the names of the participants and the identity of the respective facilitators will follow.

Norm Pledger

Member profile



I was born on 18 October 1926 in the East London suburb of Walthamstow.

Like all the other children I attended the local school, until I was about 14. I left home twice in that time. The first time was when the children of London were sent off to safer places because of the expected bombing of the city. The second time was when I thought it would be fun to join the YMCA farm project in Norfolk. Little did I know that I would find it to be more like a slave camp than a youth camp, so with a few other boys we "broke out" one night. I hitched, begged and borrowed and finally arrived home for dinner. All my mum said was, "Oh, you are home then....."

My relatives had a building firm and I worked for them. I lied about my age, applied and was accepted into Army infantry training, near Derby at 17. Training lasted 6 months and then I was posted to the Royal Highland Regiment, (Black Watch). After more training, I was shipped off to Europe.

The high casualty rates caused me to be sent as a much needed reinforcement to the Royal Scots Fusiliers. I was sent into action with the 6th Battalion and stayed with them until we were approaching the German frontier.

Here the platoon suffered heavy casualties and I sustained minor shrapnel wounds. I still have one or two little pieces in my leg. After hearing about my injuries, my parents contacted the War Office to let them know I was still under age. Subsequently I was shipped back to the regiment in Edinburgh.

I found this time quite boring and irritating as I had to listen to NCOs explaining how to protect yourself under fire. I felt this way because it was obvious they had never been in any theatre of war anywhere and I had already been there, done that.

A friend and I who was in a similar position as I thought of trying to escape this madness by volunteering for the Parachute Regiment. However, our offer was rejected within a week and we were told we would be joining our battalion in Germany.

After the war ended we were shipped back to England and lazed around until they decided I was to be shipped to Italy as a member of the Occupation Force, in Venice.

In 1950 at the commencement of the Korean War I was recalled into the Army and posted to an armoured regiment.

Finally, the War Office realized they had recalled far too many men and dismissed the men according to criteria. The criteria targeted married men with children and as I had a wife and daughter I was stood down and went to work at a plastics company.

I then studied and went to join the City of London Police. I was accepted after passing the medical and intellectual tests. I stayed with the force for 7 years. The last 3 years I worked as one of the four inaugural dog handlers.

With my wife and four children we immigrated to Australia settling in Sydney. We had a problem finding suitable housing until we finally moved into a 2 bedroom flat. It was crowded but the two boys slept on bunks in the hallway whilst my wife and I had one bedroom and the two girls shared the other bedroom.

We stayed there for 4 years until I had paid off a block of land and then had a home built. We remained there until I retired and moved to Queensland in 1992. In Queensland I met the love of my life!

The Shed Singers

Every Monday afternoon between 1-30 and 2-30 pm you can hear the wonderful harmonic tone of the shed singers practice four part harmony in the barbershop style.

Barbershop singing consists of a lead, the vocal part which generally carries the tune; a bass, the part which provides the bass line to the melody; a tenor, the part which harmonizes above the lead; and a baritone, the part that completes the chord. The baritone can sing either above or below the lead singer.

Over the past several weeks we have been learning to sing close harmony to barbershop tags. It's not easy but its lots of fun....you should visit and maybe give it a go ...

- Know the sound of each individual chord in the Tag being taught; knowing when a chord is incorrect can be helpful in identifying appropriate part corrections. Learn the sound of each chord by playing the chords on a piano or listening to a group sing the Tag.
- Know the unique characteristics for the Tag; Examples: Bass pick-up, Tenor has the melody, Lead post, Bari solo, individual parts singing different words at the same time, contrapuntal part movement, etc.
- Always start with a simple, easy Tag for each new Tag session or when inviting another singer to sing a Tag with unknown singing abilities. Result: Instant chords sung with a successful and fulfilling outcome for all singers and listeners

Tag – Why Teach or Sing Tags?

- Instant Fun, blending your voice with others while locking and ringing chords.
- Learning the Barbershop craft; fine-tuning of chords, vocal production, balance of chords, vowel matching, interpretation, diphthongs, singable consonants, exercises and improves tonal memory, etc.
- Learning to hear and identify chords and chord progressions used and not used in Barbershop singing.
- Getting singers hooked on Barbershop singing.
- Tag teaching/singing improves the Barbershop knowledge and vocal and listening skills of Chorus singers, Quartet singers, Directors, Coaches, and Judges.

For more tags and learning tacks go to: <http://www.barbershoptags.com>

Yours in harmony David Spillane

Visit to New Zealand Shed

Some members will know that the shed in Taumarunui, New Zealand has been communicating with our shed.

The Editor on a recent trip to New Zealand dropped in at the shed but unfortunately missed the members by an hour.



As a matter of interest their shed is about 8 miles from Doug Rudolph's home town.

Belmont Services Bowls Club Notice

An exciting new concept in Lawn Bowls!!

JACK ATTACK at Belmont Services Bowls Club 20 Narracott Street, CARINA. Jack Attack is an exciting new initiative of Bowls Australia to bring the sport of lawn bowls to the public in a very social, fun, yet competitive concept.

Social bowlers only (not open to registered bowlers). Have fun on the green. Series played over five weekly sessions between teams from business houses, community organisations, clubs, families, etc. with trophies for winners of the series.

Teams of three players (with replacements allowed) required for two winter series of five weeks each, commencing on Sunday, June 5 and July 24.

Phone John on 3398 5542 of Club on 3398 1551 for more information or an application package.

HEALTH AND WELFARE CORNER

Group singing is cheaper than therapy, healthier than drinking, and certainly more fun than working out. It is the one thing in life where feeling better is pretty much guaranteed.

There are many benefits from singing: ·
physically
emotionally
socially.

Physically

1. Singing exercises our lungs. It tones up our intercostal muscles and our diaphragm
2. It can improve our sleep
3. We benefit our hearts and circulation by improving our aerobic capacity and we decrease muscle tension
4. Our posture improves
6. We can become more mentally alert
7. Sinuses and respiratory tubes are opened up more
8. With careful training recent evidence suggests that it can help decrease the problem of snoring
9. There is a release of pain relieving endorphins
10. Our immune system is given a boost enabling us to fight disease
11. It can help reduce anger and depression and anxiety
12. Use of music can help people to regain balance if affected by illness such as Parkinson's disease

Emotionally

1. Increase in self esteem and confidence
2. It increases feelings of wellbeing
3. It enhances mood
4. Useful as a stress reducer
5. It is uplifting spiritually
6. It can increase positive feelings
7. Encourages creativity
8. It can be energizing
9. It evokes emotions
10. Promotes bonding
11. Increases understanding and empathy between cultures
12. It is healing

Socially

1. It enables you to meet more people
2. Is a forum for sharing
3. Brings people together and encourages a sense of community
4. Offers opportunity for giving and receiving positive feedback
5. A forum for fun & laughter
6. Support
7. Provides a safe environment to try new skills
8. Brings people together



Give it a try! If you are interested have a talk with the Shed Singers and come along on Monday afternoons.

*This article reproduced with the permission of Shirley Whitelaw:
www.moresingingplease.com*

ALL THINGS NAUTICAL

(article provided by Bob Ikin)

Doug and Charlie our resident Kiwis will know about Wakas but I thought some of our members might find this interesting. I came across this information on a recent trip to New Zealand.

What is a Waka?

Waka were of various sizes and designs, depending on their use and the waters they travelled in. They could be powered by paddle and sail; river waka would also be poled. The forests of Aotearoa New Zealand produced a wide range of trees suitable for making waka. Harakeke – New Zealand flax – provided fibre for sails and cordage.

Waka hourua were double hulled sailing vessels and waka taua were the biggest and most prestigious craft, made to carry a large number of warriors on a war expedition; taua means war party. Elements such as their tauihu (prow) and taurapa (sternpost)



GREY NOMADS COLUMN

(an article provided by Adrian McDonnell)

Touring Northern New South Wales *February / March 2016*

Retirement can mean different things to different people. For my wife, Marilyn, and me it's given us an opportunity to hitch up the van and travel to many parts of the country (yet to visit WA). We stay in caravan parks or free camp, which we do a fair bit. It's a great lifestyle and it's not surprising that the Grey Nomads on the road are relaxed and friendly. Sharing "happy hour" with someone you have only met an hour before is not uncommon.

Of recent times we have been spending about a week at Brooms Head which is on the NSW north coast out from Maclean and Grafton. We go after the January school holidays with a few other couples. The park gives a discount to seniors.

It's a quiet area at that time but, nevertheless, very popular with retirees. Swimming is good and you can walk along the beach or around the headland. Down the road at the bowls club they have a Chinese restaurant.

Glen Innes Mens Shed



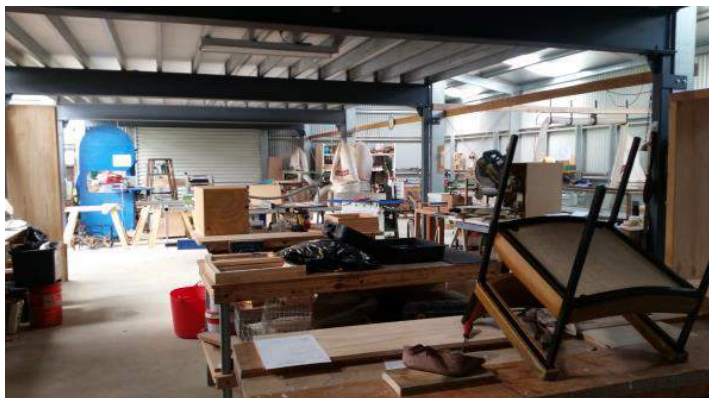
The food is excellent, a good range, good value and you don't have to wait long. It is really well managed.

Other places to visit from Brooms Head are Maclean and Grafton, both with a fair bit of history. Maclean promotes its Scottish roots with festivals, tartan painted power poles and many historic buildings to see.

Grafton has some magnificent buildings and celebrates its beautiful tree lined streets with the Jacaranda Festival in late October. It is also very pleasant meandering along the Clarence River and stopping in at the Lawrence Hotel for lunch. Another option is to head north or south to visit such coastal places as Iluka, Yamba, Minnie Waters and Wooli.

Touring Northern New South Wales continued.....

February / March 2016



Glen Innes Mens Shed



After a week at Brooms Head we headed to Grafton and then up the range to Glen Innes. The range is quite steep and, with a van behind, it is slow going. We were stuck behind a B double cattle truck with was doing 30kmph. It was quite a warm day with 37 degrees but that eased off as we climbed higher. The views are great but they are generally reserved for the passenger. It is interesting to see the change in topography with the river flats near Grafton, hilly country along the Mann River, rain forest up the range and open country, with that hint of cold winters, at the top.

We stayed at the Glen Innes show grounds which are well laid out with many well established trees and a beautiful pavilion and grandstand. There is a sense of history to the place and it gives you an appreciation of the part agricultural shows play in our Australian culture and heritage, especially in the country.

Also located in a corner of the show grounds is the Glen Innes Mens' Shed. It is quite a substantial building. On the Saturday there was a trash and treasure market under one of the buildings and it appeared that a couple of the Shed members were involved in the sausage sizzle. I spoke to one and asked if I could have a look inside their shed. He was quite obliging. It is well laid out with lots of equipment which included a small metal workshop. I guess that is not surprising given some members come off the land. It is also not surprising that some of them have a problem with WH&S rules. Sounds familiar. I asked what they can offer a retired accountant like me. He said that had one but there was a physical altercation and they withdrew his membership. I'll try and keep my head down. Not sure of their membership but I know they have plenty of money in the bank. They're in the process of acquiring a large storage shed.

Glen Innes is a historic town with lots of fine old buildings. It also has a Celtic connection and that is encapsulated by the Australian Standing Stones just on the edge of town. It is well worth a visit. One couple with us had a dog. Unfortunately he showed little respect for the stones.

Also worthy of a visit is the old hospital museum. There are lots and lots of memorabilia of past lives. It covers anything from establishment of the town, grand openings, dresses, sport, the railways, farming, and war service and, of course, the old hospital. There was even a 1984 photo showing heavy snow in the main street. If you are into that you can spend a few hours there.

Prior to 1963 the only way from the tablelands to the coast was via the Old Grafton (or Glen Innes depending on the direction you are taking) Road. It is now a picturesque drive with some great scenery and historical places where you can read signs and get an appreciation of why the pioneers came to the area and how they lived their lives. A landmark that you can't miss is the historic tunnel carved out of the mountain side that is part of the road. It was constructed by civilian labour.

After Glen Innes we travelled north to the village of Emmaville. It was founded after the discovery of tin. It is also a place with a lot of history. Much of that can be seen at the mining museum which has a large mineral display and memorabilia showing how people there lived their lives. Again, if you like this it is worth a visit.

Just a few kms on the eastern side of the town is the Ottery tin and arsenic mine. It is open to the public and there is plenty of information describing the history and working of the mine.

Then it was on to Tenterfield where we stayed at the show grounds. It wasn't as well maintained or presented as the one at Glen Innes. Tenterfield was, of course, where Sir Henry Parkes delivered his Federation Speech in the School of Arts which is now part of the Sir Henry Parkes Museum and where Peter Allen was born.

Touring Northern New South Wales continued.....

February / March 2016

We spent a fair bit of one morning at the Tenterfield Saddler listening to the guide who explained its history and that of its long-time owner George Woolnough. In the afternoon we toured Stannum House, a beautifully restored building on the southern entrance to the town. It is also a B&B. We did have dinner there the next night but it was less than memorable.

The next day we took a scenic drive to Mt Mackenzie which offered very good views of Tenterfield and surrounds. On the way back we pulled into the Tenterfield Railway Station Museum. A visit is definitely recommended. There is lots of memorabilia, plenty of history, carriages to walk through and other miscellaneous railway gear.

The following day we parted company with one couple who had to head back to Brisbane and with the remaining couple we headed to Bingara which is south west of Tenterfield or generally west of Inverell. We took a short cut and travelled on about 40kms of dirt road which wasn't too bad. A bit north of Bingara we visited the site of the Myall Creek Massacre. In 1838 a group of white stockmen massacred approximately 30 aborigines who were mainly women, children and old men. A number of stockmen were tried but found not guilty. In a subsequent trial seven were found guilty and executed.

Bingara itself is a gem of a town. It is well laid out and has a fantastic lookout, a gold stamper battery at one end of town, an interesting one lane bridge and some beautiful camping spots on the Gwydir River. However the "piece de resistance" is the Roxy Theatre and the attached Greek café. It was built in 1936 by three Greeks. It had a checkered history, was closed for 40 years and then restored to its former glory in 2004. The café next door was refurbished in 2011.

It is currently closed awaiting new leasees. The theatre is the centre of a vibrant entertainment community. It hosts live performances (schools included), vintage films, dinner dances, workshops and seminars amongst other events.

Tenterfield Saddler



There are tours twice a day, which include the café, and the \$10 per head was well worth it. Our guide, who manages the visitor centre next was very knowledgeable and is part of the management team.

After Bingara we meandered back towards Queensland and finished up at Glen Rock State Forest near Gatton where we, along with other members of our 4wd club, assisted the rangers in placing sign posts.

To see all these places we didn't have to travel huge distances each day. Time was on our side. If we were stuck behind a truck up a hill it didn't matter. Mind you it is better to be behind them than have them right behind you. We usually didn't leave until 9am or later and were set up by 4pm at the latest. One day we only travelled 9kms from Clifton to Nobby so we could have tea at Rudd's Pub that night. The only problem was we were camped beside the railway line at Nobby and a train came through during the night.

You can't do justice to country towns unless you drive around, visit or see the places of interest and have a meal somewhere. Yes, free camping doesn't put dollars directly into the town but many sites are very picturesque and many towns encourage it with the expectation you will spend money in other ways and tell others of your pleasant experience. It is sad to see the decay in rural communities but those that are proactive and vibrant deserve our support.

Glen Rock



PUZZLES, JOKES AND TRIVIA

Quiz

(answers on the last page)

- A. If six squirrels can eat six acorns in one-tenth of an hour how many squirrels would it take to eat 100 acorns in 6,000 seconds?
- B. In what years were the following Holden models released?
 - EK
 - HZ
 - FC
- C. What is the floral emblem of Australia?
- D. What do the following (old???) Aussie sayings mean?
 - Settler's clock
 - Ring wobbler
 - Rats on sticks
 - Racehorse
 - Gone for a ride on the padre's bike

Mystery Objects

(answer on last page)



Cartoons

(provided by Steve Dalzel)



Another reason to look forward to retirement!

Today, the wife of a friend of mine said to him, "Darling, get off your ass and fix that gutter downspout! AND, I want it done before the end of the day!"

Well, as you all know, my friend, most blokes our age are retired and do have the time to address such "Darling do's"

So, he invited some of us neighbours over to help with the project.

One is a sheet metal fitter, one brought his welder, one brought beer and crisps, and one brought a grill and sausages. Took us about 4-6 hours, and 30-40 beers, but we got it done just as we finished off the last of the sausages.

As usual, the wife is still not happy! I can't understand, cause me and me mates love it! Personally, I cannot wait for it to rain again.



PUZZLES, JOKES AND TRIVIA

Quotes of the Month

For those of us who have grandkids

A Kindergarten teacher was observing her classroom of children while they were drawing. She would occasionally walk around to see each child's work. As she got to one little girl who was working diligently, she asked what the drawing was.

The girl replied, 'I'm drawing God.'

The teacher paused and said, 'But no one knows what God looks like.' Without missing a beat, or looking up from her drawing, the girl replied, '

They will in a minute.'

The children had all been photographed, and the teacher was trying to persuade them each to buy a copy of the group picture.

'Just think how nice it will be to look at it when you are all grown up and say, 'There's Jennifer, she's a lawyer,' or 'That's Michael, He's a doctor.'

A small voice at the back of the room rang out, 'And there's the teacher, she's dead.'

Believe it or Not

Agatha Christie enjoyed surfing

Walt Disney was afraid of mice

Months that begin on a Sunday always have a Friday the 13th

A manned space rocket can travel to the Moon more quickly than a stagecoach could travel the length of England

- No man is truly married until he understands every word his wife is NOT saying. – Anonymous
- If at first you don't succeed, order pizza. - Anonymous
- Don't be irreplaceable. If you can't be replaced, you can't be promoted. - Anonymous
- The trouble with being punctual is that nobody's there to appreciate it. - Franklin P. Jones.
- Behind every successful man is a surprised woman. - Maryon Pearson
- The four most important words in any marriage...I'll do the dishes. – Anonymous
- Women and cats will do as they please, and men and dogs should relax and get used to the idea. - Robert A. Heinlein
- Many people lose their tempers merely from seeing you keep yours. - Anonymous
- A closed mouth gathers no foot. – Anonymous
- Always remember that you're unique. Just like everyone else. – Anonymous

Some More Quotes

Provided by Ray Pedderson

Mystery Object Answer

Two clubs discovered in the Auckland Museum, New Zealand. The one on the left is a jade club and the one on the right is a whalebone club.

- Six squirrels would eat 100 acorns in 6,000 seconds
- EK 1961-1962; HZ 1977-1980; FC 1958-1960
- Golden Wattle
- Settler's clock – the kookaburra. So called because it laughs just before dark
- Ring wobbler – a racehorse that causes wild fluctuations in the betting ring
- Rats on sticks – euphemism for greyhounds
- Racehorse – a very thin roll your own cigarette
- Gone for a ride on the padre's bike – statement to cover someone's whereabouts

Quiz Answers