

# NUTS & BOLTS



*'Every man needs  
a shed'*

Vol 4 | Issue 9 | DECEMBER 2019



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## Message from the Editor

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This is the last "Nuts& Bolts" for 2019, so please enjoy.

As another successful and productive year for our shed draws to a close, I would like to wish every member of the shed and their families a very **Happy and Safe Christmas.**



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Carina Men's Shed valued supporters include:



### Melbourne Cup BBQ Lunch *Tuesday 5<sup>th</sup> November 2019*

Many thanks to all those members who helped organise and prepare for the Cup Luncheon this year. John Abbott and Darryl Timms organised the sweeps and Eddie Haselich (BBQ cook), Ross Allan, Syd Dempster, Bruce Murray, Adrian McDonnell and Alan Peiniger helped out in the kitchen and kept the snack bowls filled and drink glasses topped up, ensuring about 40 members and partners enjoyed another successful Melbourne Cup Luncheon this year.



### Vale Brian O'Rourke 1944-2019

The memorial service for Brian O'Rourke was held at Iona College Chapel, Wynnum on 6th November and 32 members of our shed attended the service and formed a guard of honour for Brian's farewell.



### Social Sunday in Perth Street Park, Camp Hill *Sunday 10<sup>th</sup> November 2019*

Many thanks to Adrian McDonnell for again organising the Social Sunday and staking out, the best spot in the shade at the Perth Street Park. Shed members and partners who turned up to enjoy this picnic in the park were; Adrian & Marilyn McDonnell, Klaus & Sylvia Binder, Garry & Roslyn Dean, Bruce & Jan Murray, Bill & Sandra Eklund, Norm & Tricia Pledger, Alan & Lynn Peiniger, John Lochel & Ricki Stolte, Graeme & Mary-Anne Fraser, Michael & Shirley Lyons, Steve & Margie McGee, Alan Johnson, Henry Lennie and Ray Peddersen.



## Member News

*Remembrance Day 2019*

*In the peace and quiet of the Hall of Memory at the Australian War Memorial, a pigeon has been busy preparing for new life in a place that commemorates death, sacrifice and renewal.*

*Each day the pigeon has been flying down to the Tomb of the Unknown Australian Soldier to steal poppies, carefully crafting a nest in the lead-up to Remembrance Day in an alcove above the stained-glass window of a wounded Australian soldier.*

*The wounded soldier symbolises the defining quality of "endurance", and the nest of poppies nearby is a poignant reminder of the powerful bond between man and beast on the battlefield.*



The text and photos above are from the Australian War memorial website link below, which highlights the important and often lifesaving role, pigeons played in front line communications in the First and Second World Wars.

<https://www.awm.gov.au/articles/blog/pigeons-at-war>

***Bunnings Midweek BBQ Wed 20<sup>th</sup> November***

Many thanks go to the shed members who volunteered for the BBQ duties and raised **\$460** for our shed.

**Morning Session Crew:** Mick Lyons, Steve McGee, John Lochel and Bevan Guttormsen.

**Afternoon Session Crew :** Alan Peiniger, Graeme Fraser and Paul Gardiner. Special thanks go to Bevan for helping out on both sessions.

***Bunnings BBQ Saturday 30<sup>th</sup> November***

Many thanks go to the shed members who volunteered for the BBQ duties and raised **\$1700** for our shed.

**Morning Session Crew:** Tom Kenney, Steve McGee, Gordon Bowler, Graeme Fraser, Brian Grindley and Paul O'Connell.

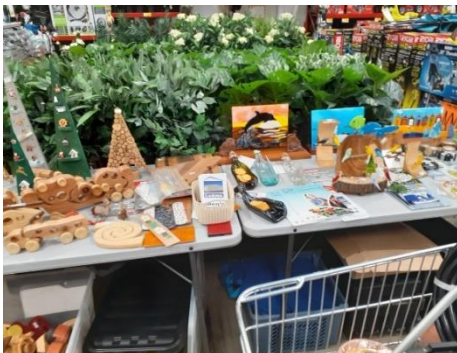
**Afternoon Session Crew :** Bill Mackenzie, Bob Head, Bill Eklund, Graeme Fraser, Roger Appleby and John Tihverainen.

**Weekend Sales Success for Shed Items**

On Saturday 30 November, Eddie Haselich and John Kirkwood had two tables set up at Bunnings with Christmas decorations, toys and glass items for sale.

On Sunday 01 December John Kirkwood, Eddie Haselich, Rex Gelfius, Graham Ward and John Carmody were at St John's Church, Bulimba Christmas Festival with a similar selection of shed items.

The combined total of the BBQ and shed items sales was \$2970. We have also sold about 700 tickets in the Carina Leagues Club Trailer Raffle with the return to the shed, another \$1400.



Member News



Some 2019 Shed Highlights

- 1. Hong Kong police on police exchange project, shed visit. **Feb**
- 2. Shed Stall at the Morningside Festival. **May**
- 3. Men's Health Week & Health Expo. **June**
- 4. Dante and Margaret Hickey, shed's 10<sup>th</sup> Birthday celebrations. **Aug**
- 5. Bob Ikin accepts "Unusual Shed Activity Award", for the Men's Health & Lifestyle Guide, launched at Men's Health Week, at the 2019 National Men's Shed Awards. **Sep**



Subject: Men's Shed Presentation - **Rotary Carindale 7 November 2019**

Good Morning Bob,

Thank You Email received: for Bob Ikin's presentation on Men's Sheds.

Thank you very much for your presentation on the Men's Shed with some background and updates, the Members certainly stay busy. It's disappointing that there is no Government contributions to the running of the 'Shed' with the positive feedback from both the Men and their Families. So many Men have 'work friendships', Veterans have "friendships" that have experienced many events, both good & bad, however once retired from what they knew best there is a void, a loss of purpose and more important a loss of those contacts. The Men's Shed fills this gap with not only good conversations, however the projects give purpose - all positive - from what I have picked up from the web site and brochure. Getting the word out is so important. Also the fact that many of the items made are for sale, something I was unaware of and will visit the shop in the future.

Bob, you mentioned the number of Ladies that are interested in learning how to use tools, that's good, and perhaps some classes could be organised, however I truly believe that Women are much more social, have created various clubs/workshops whereas Men do not seem to have the same social networking, therefore the importance of the Men's Shed. We look forward to welcoming you back later next year in order to keep in touch with the Men's Shed. All the best for the rest of 2019.

Regards,  
Sandy Harris  
Rotary Carindale

## Yarns &amp; Bush Poetry

Bevan Guttormsen felt this Poem and Obituary were well worth sharing with the shed.

***A Little Poem, so true it Hurts!***

Another year has passed  
And we're all a little older.  
Last summer felt hotter  
And winter seems much colder.

There was a time not long ago  
When life was quite a blast.  
Now I fully understand  
About 'Living in the Past'

We used to go to weddings,  
Football games and lunches..  
Now we go to funeral homes  
And after-funeral brunches.

We used to have hangovers,  
From parties that were gay.  
Now we suffer body aches  
And wile the night away.

We used to go out dining,  
And couldn't get our fill.  
Now we ask for doggie bags,  
Come home and take a pill.

We used to often travel  
To places near and far.  
Now we get sore asses  
From riding in the car.

We used to go to nightclubs  
And drink a little booze.  
Now we stay home at night  
And watch the evening news.

That, my friend is how life is,  
And now my tale is told.  
So, enjoy each day and live it up...  
Before you're too damned old!

**An Obituary printed in the London Times.....Absolutely Dead Brilliant!**

Today we mourn the passing of a beloved old friend, **Common Sense**, who has been with us for many years. No one knows for sure how old he was, since his birth records were long ago lost in bureaucratic red tape. He will be remembered as having cultivated such valuable lessons as:

- Knowing when to come in out of the rain;
- Why the early bird gets the worm;
- Life isn't always fair;
- And maybe it was my fault.

Common Sense lived by simple sound financial policies, don't spend more than you can earn, and reliable strategies, adults not children, are in charge.

His health began to deteriorate rapidly when well-intentioned but overbearing regulations were set in place. Reports of a 6-year-old boy charged with sexual harassment for kissing a classmate; teens suspended from school for using mouthwash after lunch; and a teacher fired for reprimanding an unruly student, only worsened his condition.

Common Sense lost ground when parents attacked teachers for doing the job that they themselves had failed to do in disciplining their unruly children.

It declined even further when schools were required to get parental consent to administer sun lotion or an aspirin to a student; but could not inform parents when a student became pregnant and wanted to have an abortion.

Common Sense lost the will to live as the churches became businesses; and criminals received better treatment than their victims.

Common Sense took a beating when you couldn't defend yourself from a burglar in your own home and the burglar could sue you for assault.

Common Sense finally gave up the will to live, after a woman failed to realize that a steaming cup of coffee was hot. She spilled a little in her lap, and was promptly awarded a huge settlement.

Common Sense was preceded in death,  
-by his parents, **Truth and Trust**,  
-by his wife, **Discretion**,  
-by his daughter, **Responsibility**,  
-and by his son, **Reason**.

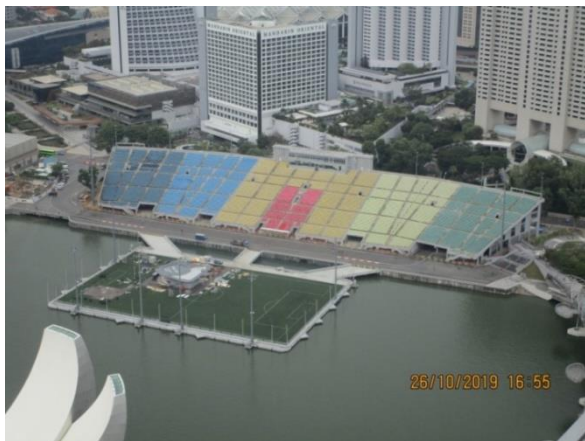
He is survived by his 5 stepchildren;  
- I Know My Rights  
- I Want It Now  
- Someone Else Is To Blame  
- I'm A Victim  
- Pay me for Doing Nothing

Not many attended his funeral because so few realized he was gone. If you still remember him, pass this on. If not, join the majority and do nothing.

**Thursday 24 October Brisbane to Singapore**

My trip included duty free shopping at Brisbane Airport. Unfortunately my companion dropped her 1.25l bottle of Bacardi at Gate 84 BNE International Airport (mop and bucket ..no straws) but was able to repurchase a replacement !

We had extra attention (champagne and early dinner) on our Qantas flight, due to family connection with EX A330 Capt /pilot and family of A380 Manager, I spilt sauce over slacks and hostess supplied warm towels to clean up. On arriving in Singapore we had pre dinner drinks at Raffles with another, family to be member, then to a nightclub with \$300 drinks and dinner bill. Late night trip home to suburban Hotel via MRT using inexpensive new Go cards system.

**Friday 25 to Sunday 27 October**

On Friday toured city on circular city buses (Yellow /blue /red Lines ) and saw the Merlion Statue by the Bay.

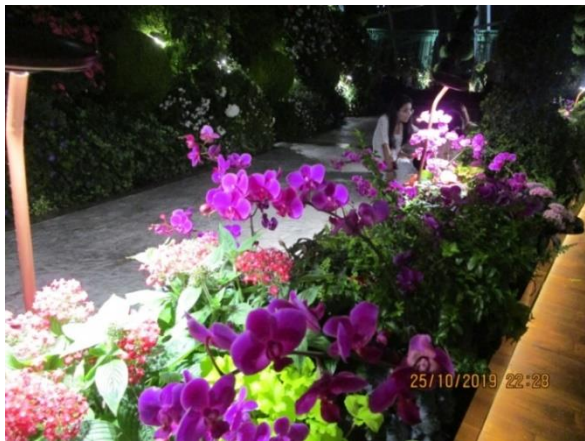
We had afternoon drinks at Mariner by the Bay overlooking the swimming pool on the roof, a \$22 fee for the lift and then a \$23 minimum spend on drinks invested \$60 in casino and got \$0.04 receipt for next time. LOL

Attended the final Johnny Farnham (Top Up My Superannuation Fund) Concert Friday night in the Gardens by the Bay, there were beautiful floral displays in the gardens, especially Orchids.

On Saturday we visited the National Orchid Gardens a huge display of beautiful orchids and I saw a dog just like mine at home, when there.

On Sunday our day trip to Sentosa Island ended badly with my travelling friend falling on a concrete path and injuring her shoulder. She was transported across a swinging suspension bridge with 8 ambo and life savers to the general hospital.

With her shoulder broken in 3 places she had to return home to Brisbane (no cruise with me to asia) and now requires major shoulder reconstruction !!



Merlion with Mariner by the Bay

Grey Nomad



**Cruise Monday 28 October to Friday 01 November**

My cruise was ok, but it was difficult to mix with fellow passengers as many groups of families or tour groups from Japan, Korea, China, India and other places.

We cruised overnight arriving in Penang, northern Malaysia on Tuesday morning. I spent a day in Penang but was not very impressed.

The cruise arrived in Phuket Thailand on Wednesday for a day of onshore touring. The Phuket bus tour was to temples and museums and a cashew shop. Another fellow traveller was bitten by a monkey on the shoulder so I had another trip to a hospital.

Thursday and Friday was two days at sea cruising back to Singapore, I spent the final day at the airport shopping

centre and huge indoor waterfall and gardens and took time out to see a movie while waiting 10 hours before flight home.

I never wish to travel alone on a cruise again and have no desire to visit Malaysia or Thailand again.

Penang Restaurant



Phuket Temple



Phuket Buddha Statue



Gardens by The Bay, Singapore



## Health & Welfare Corner



### *Remember to be Sun Safe this Summer*

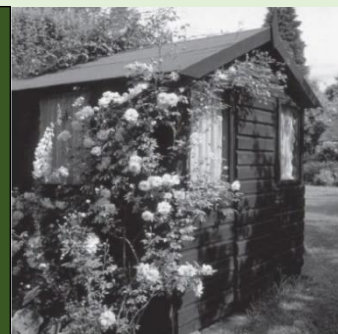
*With another long hot summer ahead of us remember to- **Slip** on the protective clothing, **Slop** on the sunscreen, **Slap** on the hat, **Seek** the shade and **Slide** on the sunglasses. It's easy to forget sometimes; not many hats or protective clothing in the photo above taken on Maho Beach, St Martin Is. in the Caribbean and don't forget to avoid low flying aircraft at any time.*

**More extracts from "Fifty Sheds of Grey"**  
Author Colin Grey has written "Fifty Sheds of Grey",  
a parody of the run-away best seller "Fifty Shades of Grey".

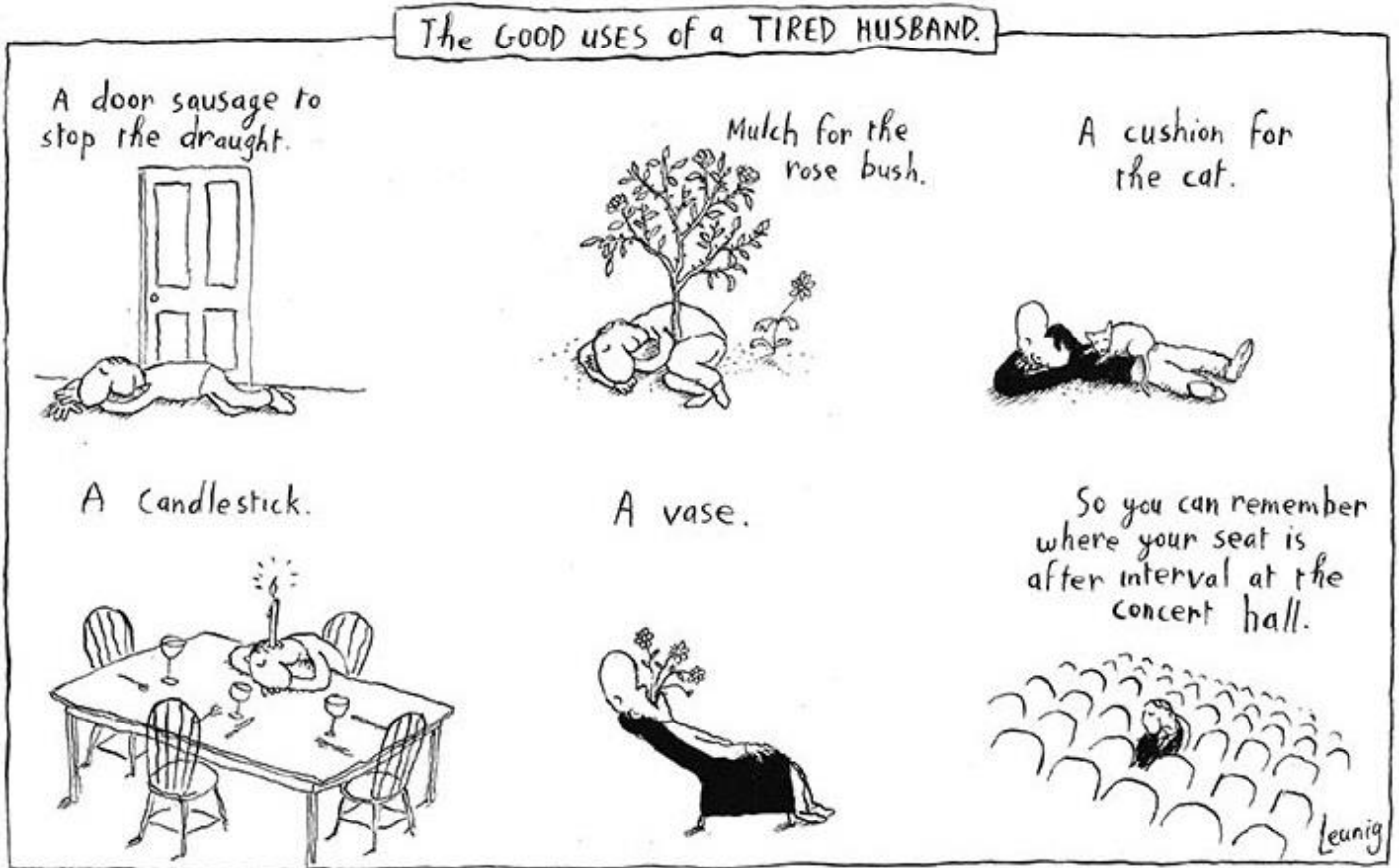


*" Ever since she read THAT book, I've had to buy all kinds of ropes, chains and shackles. She still manages to get into the shed, though."*

*" Hurt me!" she begged, raising her skirt as she bent over my workbench.  
"Very well," I replied.  
"You've got fat ankles and no dress sense."*



## Puzzles, Jokes & Trivia



Can you work out the phrase word or meaning represented by these visual puzzles?

BELT HITTING

EZ  
iiiiii

Quiz & puzzle solutions next page

- ### Trivia Quiz
1. Which two Australian women have won the 400m Olympic Gold medal?
  2. Name the five countries that are Communist in 2019?
  3. Which country has the northernmost permanent settlement?
  4. Which was the only film to star both Henry and Jane Fonda?
  5. Which Asian country has the longest coastline?

Puzzles, Jokes & Trivia

Trivia Quiz Answers

1. Betty Cuthbert (1964), Cathy Freeman (2000)
2. China, Cuba, Laos, North Korea and Vietnam.
3. Canada (the town of Alert in the territory of Nunavut)
4. *On Golden Pond* (1981).
5. Indonesia.

Visual Puzzles solutions

Hitting below the Belt  
Easy on the eyes

The humour tribunal has examined your joke with a fine tooth comb and is pleased to report that it has been deemed fit for telling in a public place — no racism, no sexism, it is environmentally responsible, does not denigrate old people or animals and does not violate the equal opportunities code. We have also found that it is not particularly funny so we recommend that you go away and work on that.



Leunig



Harry's impression of a hat-stand was a universally recognised sign that the party was over.



How does he get off his bike when he gets home?