

# NUTS & BOLTS



*'Every man needs  
a shed'*

Vol 4 | Issue 8 | OCTOBER 2019



## In This Edition

- Page 2** Shed's 10<sup>th</sup> Birthday Celebrations
- Page 3** AGM Report  
September BBQ's  
Mystery Shed Member
- Page 4** Tweed Head's Shed Members Visit  
Upcoming Events Calendar
- Page 5** Bush Poetry
- Page 6** Diary of a War Baby
- Page 7** Noosa Glampers Report
- Page 9** Health and Welfare Corner
- Page 10** Puzzles, Jokes & Trivia

## Message from the Editor

Editor: Ray Peddersen

[cms\\_editor@carinamensshed.org.au](mailto:cms_editor@carinamensshed.org.au)

As we approach this year's , Melbourne Cup and Christmas Lunch, our shed is going to sadly miss the magnificent contribution that Brian O'Rourke made to these events in previous years, with his enthusiastic organisation of the Cup's sweeps and raffles and the always delicious Christmas Lunches we enjoyed at the Carina Bowls Club.

*Vale Brian O'Rourke  
1944 - 2019*



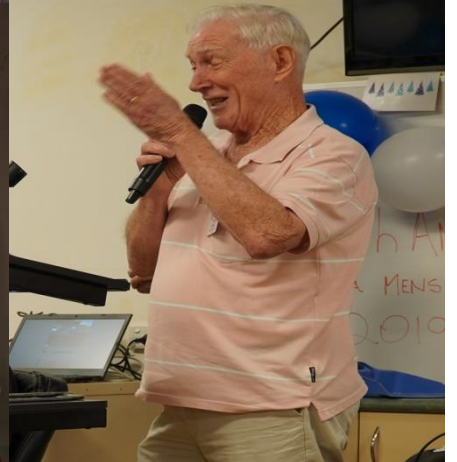
Mens Shed Carina Inc.,  
Clem Jones Centre  
56 Zahel Street  
CARINA, QLD, 4152

Ph: 07 3395 0678  
E: [cms\\_admin@carinamensshed.org.au](mailto:cms_admin@carinamensshed.org.au)  
W: [www.carinamensshed.org.au](http://www.carinamensshed.org.au)

Carina Men's Shed valued supporters include:



**Shed's 10th Birthday celebrations** kicked off on Monday 18<sup>th</sup> August 2019 when local MP, Terri Butler, visited our shed bearing a delicious birthday cake and morning tea treats. The celebrations continued on Thursday 22<sup>th</sup> with speeches and reminiscences of the shed's early days, by Margaret Hickey, Mal Weier, Kevin Searle, Bob Ikin and Jim Wills. Guests included; councillors Lisa Atwood and Kara Cook, Sgt Dave Beard and former shed member Gordon Ekin.



Member's News

**AGM Meeting Monday 26 August 2019**

This year's AGM run very smoothly as all vacant positions had nominations accepted, before the meeting. **Presidents Report:** Bob Ikin highlighted how our shed continues to grow and improve each year; membership of the shed has remained stable at around 120; the attendance-levels are rising, 50-60 on Mondays and around 40 on Wednesdays; Men's Health Week was a great success this year with the launch of the "Men's Health & Lifestyle Guide" booklet. Our Shed continues to support the local community with over 50 projects completed in response to local community requests.

**Treasurer's Report:** Highlights of Graeme Fraser's treasurer's report; Membership Subscriptions and daily attendance fees raised \$19500; the introduction of the monthly midweek Bunnings BBQ's has more than doubled the funds raised from Bunnings BBQ's to \$6900 this year, resulting in a budget surplus of around \$5000.

**Executive Committee Positions 2019 -2020**

President	Vice President	Treasurer	Secretary	Workshop Mananger	Safety Advisor	Committe Member	Committe Member
Bob Ikin	Paul Gardiner	Graeme Fraser	Roger Appleby	Ray Carter	Bruce Murray	Ross Coates	John Kirkwood

**Bunnings BBQ Sunday 15<sup>th</sup> September**

Many thanks go to the shed members who volunteered for the BBQ duties and raised \$1400 for our shed.

**Morning Session Crew:** John Abbott, Geoff Nelson, Alan Peiniger, Julian Collis and Malcolm Baldock.

**Afternoon Session Crew :** Shane Brandenburg, Bill Eklund, Graeme Fraser, Gordon Bowler and Steve McGee  
Thanks also to John Kirkwood and Eddie Haselich who manned a table selling shed items and raised \$400.

**Bunnings Midweek BBQ Wed 18<sup>th</sup> September**

Many thanks go to the shed members who volunteered for the BBQ duties and raised \$450 for our shed.

**Morning Session Crew:** Tom Kenny, Patrick Coyne, Ray Long and Klaus Binder.

**Afternoon Session Crew :** John Carmody, Paul Esdale, Ray Peddersen and Adrian McDonnell .



**Mystery Shed Member?**

When this photo was taken in 1969, our mystery shed member was working as a salvage diver on shipwrecks in New Guinea.

**Answer: Puzzles, Jokes & Trivia**



Congratulations to our shed's elder statesman Terry Dwyer, who turned 95 on 14 September, pictured here cutting one of the sheds 10<sup>th</sup> Birthday cakes.



Shed President, Bob Ikin, at the 8<sup>th</sup> National Men's Shed Gathering in Adelaide, accepting the "Unusual Shed Activity Award" for Carina Men's Shed, awarded for the launching of the "Men's Health & Lifestyle Guide" as part of Men's Health Week Expo in June.

### Tweed Heads Shed Visit-Tuesday 24 September 2019

When the Glampers group visited the, Tweed Heads Men's Shed earlier this year, they invited members to visit our shed for a tour of our facilities and to enjoy a BBQ Lunch.



#### *Upcoming Events before the Christmas Break*

Please keep these dates in mind, particularly if you can help out on the Bunnings BBQ's

<b>Date</b>	<b>Event</b>
Tuesday 05 November	Melbourne Cup BBQ Lunch
Sunday 10 November	Social Sunday from 11:00 AM Perth Street Park
Wednesday 20 November	Midweek Bunnings BBQ
Saturday 30 November	Bunnings BBQ
Sunday 01 December	St Johns Baptist Church, Bulimba Christmas Festival
Saturday 14 December	Car Boot Sale at Shed
Wednesday 18 December	Midweek Bunnings BBQ
Friday 20 December	Christmas Lunch at Carina Leagues Club

## Yarns &amp; Bush Poetry

Bevan Guttormsen felt this poem was well worth sharing with the shed.

### The Cocky Checks his Stock

The sun was hot already - it was only 8 o'clock  
The cocky took off in his Ute, to go and check his stock.  
He drove around the paddocks checking wethers, ewes and lambs,  
The float valves in the water troughs, the windmills on the dams

He stopped and turned a windmill on to fill a water tank  
And saw a ewe down in the dam, a few yards from the bank.  
"Typical bloody sheep," he thought, "they've got no common sense,  
"They won't go through a gateway but they'll jump a bloody fence."

The ewe was stuck down in the mud, he knew without a doubt  
She'd stay there 'til she carked it if he didn't get her out.  
But when he reached the water's edge, the startled ewe broke free  
And in her haste to get away, began a swimming spree.

He reckoned once her fleece was wet, the weight would drag her down  
If he didn't rescue her, the stupid sod would drown.  
Her style was unimpressive, her survival chances slim  
He saw no other option he would have to take a swim.

He peeled his shirt and singlet off, his trousers, boots and socks  
And as he couldn't stand wet clothes, he also shed his jocks.  
He jumped into the water and away that cocky swam  
He caught up with her somewhere near the middle of the dam.

The ewe was quite evasive, she kept giving him the slip  
He tried to grab her sodden fleece but couldn't get a grip.  
At last he got her to the bank and stopped to catch his breath  
She showed him little gratitude for saving her from death.

She took off like a Bondi tram around the other side  
He swore next time he caught that ewe he'd hang her bloody hide  
. Then round and round the dam they ran, although he felt quite puffed  
He still thought he could run her down, she must be nearly stuffed.

The local stock rep came along, to pay a call that day.  
He knew this bloke was on his own, his wife had gone away,  
He didn't really think he'd get fresh scones for morning tea  
But neither was he ready for what he was soon to see.

He rubbed his eyes in disbelief at what came into view  
For running down the catchment came this frantic-looking ewe  
. And on her heels in hot pursuit and wearing not a stitch  
The farmer yelling wildly, "Come back here, you lousy bitch!"

The stock rep didn't hang around he took off in his car  
The cocky's reputation has been damaged near and far  
So bear in mind the Work Safe rule when next you check your flocks  
Spot the hazard, assess the risk, and always wear your jocks!

## Diary of a War Baby

This is the final extract from a "Diary of a War Baby" and traces Peter Finch's family life in Australia, when he and Daphne migrated to Australia as newly-weds in 1963.

Fist Home Reynella -1964



Daphne and I had decided soon after we had become engaged that we would migrate to Australia. Thus the beginning of 1963 was hectic, what with arranging our wedding and honeymoon and the many trips to London, to Australia House with forms, medicals and interviews to complete. We got married in July 1963 and we were told we should be prepared to leave for Australia by September. We spent a week in the Norfolk Broads, before setting off at the end of July with an ex- Army tent, RAC book of maps, petrol discount vouchers and rough idea of where we wanted to go and a date to return to England and managed to survive driving an old Humber Hawk about 6000 miles through France, Italy, Austria, Switzerland, Germany, Belgium, Monaco, Lichtenstein and Luxembourg.

We finally departed for Australia, on 22nd October 1963 aboard the "Fairstar" with 1500 people on board. There was not much to do during the month it took to get to Australia, no cinema or theatre, the only entertainment was some deck games. The only place we got ashore was at Aden then a British Protectorate, where we wanted to buy a transistor radio a very new product at that time, when the radio was first shown to us the asking price was around £18, we haggled for a while until we settled on around £10. The rest of the journey was uneventful until we reached Fremantle, late on the evening of the 22<sup>nd</sup>. November. I will always remember the day we arrived in Australia, when we got up the next morning we learnt that President Kennedy had just been assassinated, we sailed that evening for Adelaide and arrived a couple of days later, It was around 100<sup>o</sup>F and we had £75.00 between us but we were lucky that Daphne's mum had a two bedroom flat which we could move into.

Soon after arriving in Adelaide we visited a new housing development and purchased our first house, outside the small town of Reynella and in the Southern Vales wine region. The house we chose was almost finished, a 3 bedroom house with Jarrah timber floors, on a block 70 X 100 feet, but had no fence, landscaping, driveway or post box. We paid a £1 deposit on a house price of £8000 and moved in late January 1964, we rented from the builder for a year, it took that long to get a loan, and this rent went towards the deposit for the bank loan requirements. We had to get two loans the 1st Mortgage was at 4.5% fixed interest rate for 9 years and the second loan from a finance company of 7 years fixed interest rate of around 7%. I should mention that pay back then was £20 per week. We sat on packing boxes and used two of them as a table for several months.

Daphne got a job at the State Library. My first job that summer was with an owner operator who had a contract to photograph the Davis Cup tennis over the New Year, it was hot and tedious work and fortunately over by late January. I was soon working with a studio which did portraits and weddings. We also travelled to small towns, and set up a studio for the day in a town hall and photographed the children. After about 2 years, I left and between photography jobs, worked at a local winery for a few months over harvest time. I then worked in TV doing promotional work for a research company in 1970. Our first child Tania was born on the 5th February 1968 and fourteen months later Sara was born on 20th April 1969.

In 1969 a shop across the main road from our house became available so I gave up work and opened my own studio, doing weddings and portraits. Eventually I also got some commercial work for a local optical company and the Esso oil refinery and also did some aerial photography for various companies and the Local Council. We flew in single engine high wing aircraft with the door taken off so I could lean out (in a safety harness) to get the photos. My studio went well and we had a wedding to cover most weeks and a steady stream of portrait work.

Early in the 70's I met author Max Colwell who had been commissioned by the council to write a history of the Noarlunga Council. This meeting resulted in us collaborating on several books and becoming good friends. We jointly published through Rigby Publishers several books, over the next eight years. The first was The South Australian Nation Trust. This covered all properties classified by the National Trust in South Australia. It involved a lot of traveling. We met some great people both in private homes and Government buildings, such a Government house. This was followed by The Big Rivers about life along the Murray, Darling & Murrumbidgee Rivers.

During the 70's cameras got better which resulted in fewer actual photos being sold at weddings and portraiture was dropping off. I tried going to people's homes but this was time consuming and often only resulted in the sale of two or three photos. In 1978 I sold the studio and obtained the position as Head of the Photographic Unit at James Cook University in Townsville whilst employed there I studied part time for a degree in Asian- Australia political history.

Then in November 1985 I left the University and went into the travel industry, taking over as manager of the local AMEX agency, I had help from the outgoing manager but it was still a giant learning curve after 30 years as a photographer.

## Noosa Ingenia Glamper's Report submitted by Peter Carter

**Monday** 9<sup>th</sup> September saw seven intrepid travellers travel to Ingenia (was BIG4) Noosa for a few days of rest and recreation. Klaus Binder and Sylvia, Ray Long, Bevan Guttormsen and Margaret, Alan Peiniger and Lyn, Peter Carter and Barbara, Robert Tritchler and Ruth, Bruce Murray and Jan. We had happy hour at the camp kitchen at 4.30pm and some decided on fish and chips from the local fish and chipper for dinner. Most had dinner in the camp kitchen. Peter had to make a quick dash back to Brisbane because he left medications behind. The 4-hour drive wasn't appreciated.



**Tuesday** dawned with beautiful weather, apart from the threat of bushfires. The boys went to the Noosa Men's Shed for a visit. A spectacular shed. 200 members with 7 separate sheds. Basically 1 shed for every interest group. We went back to pick up the ladies for a tour of the Buderim Ginger Factory in Yandina. We had lunch and then did a factory tour for 45 minutes including a tasting. We all went on a train tour of the property on "Moreton" which is a converted steam train to diesel. Moreton started life as a sugar train. Then back to camp for Happy Hour and dinner.



**Wednesday** was a trip to the Eumundi Markets for some. Eumundi Markets is one of the biggest markets on the Sunshine Coast. Wed dinner was a Corned Beef dinner where everybody had a hand in supplying something to the table. A great night was had by all with plenty of food and laughter.

On **Thursday** most of the group went to Kenilworth Dairy to try some cheeses and then morning tea in the bakery. We all went our own way and got back to camp to get ready to go to the RSL Club for Dinner. We were picked up by the Courtesy Bus and taken to the club and after a great night, caught the bus back to camp.

**Friday** was pack up and travel home. All in all a great trip away.





## Health & Welfare Corner

**Editor's Note:** I noticed this article on the National Seniors website. If you're planning an overseas trip this would be useful information to have in your wallet.

### Carry your medication profile with you

If you're on medications, especially life-saving ones – as many of us are – it can be a big worry if you run short a long way from home. It may be critical that you don't miss a dose. Being able to explain exactly what you take and what dose can be an issue. Around one-in-five people aged 70 or older are on four or more medications, which they truly need. It can be difficult to remember all of the names and correct dosages. One solution is the PocketProfile™. It contains a person's entire medication profile, including images of medications, and folds down to the size of a credit card, so it's easy to keep in your purse or wallet. The pocket card also lists the person's pharmacy and phone number, enabling a pharmacist at a holiday destination to simply ring the home pharmacy to confirm the medications that were prescribed before issuing emergency replacement medications to last the remainder of the holiday.



### More extracts from "Fifty Sheds of Grey" Author Colin Grey has written "Fifty Sheds of Grey", a parody of the run-away best seller "Fifty Shades of Grey".



*"I'm a very naughty girl," she said, biting her lip. "I need to be punished."  
So I invited my mum to stay for the weekend.*

*"Harder!" she cried, gripping the workbench tightly.  
"Harder!" "Okay," I said. "What's the gross national product of Nicaragua?"*



## Puzzles, Jokes & Trivia

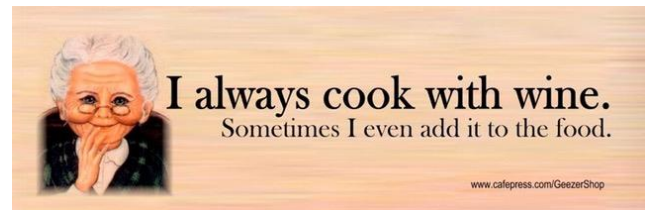
### Secrets to a long happy marriage



A old woman was sipping on a glass of wine, while sitting on the patio with her husband, and she says, "I love you so much, I don't know how I could ever live without you"... Her husband asks, "Is that you, or the wine talking?"... She replies, "It's me... talking to the wine."



“Not happening.”

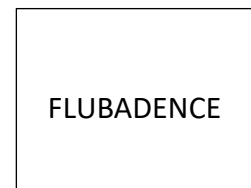
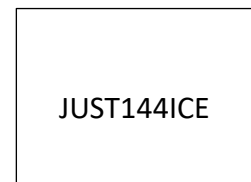


**Windbender**  
Baa the lamb ate 50kg of pellets In 5 weeks. Each week he devoured two more kilos of pellets than he had scoffed the previous week. How many kilos of pellets did Baa eat in the first week?

### Do You Think I'll Live to be 80?

I recently picked a new primary care physician. After two visits and exhaustive lab tests, he said I was doing "fairly well" for my age. A little concerned, I couldn't resist asking him, "do you think I'll live to be 80?" My physician asked: "Do you smoke tobacco or drink beer or wine?" "Oh no," I replied. "I'm not doing drugs either." Then he asked: "Do you eat rib-eye steaks and barbecued ribs?" "No," I said "Do you spend a lot of time in the sun, like playing golf, sailing, hiking or bicycling?" "No, I don't," I replied. My physician asked: "Do you gamble, drive fast cars or have a lot of sex?" "No," I said. "I don't do any of those things." He looked at me and said: "Then why do you want to live to 80?"

*Can you work out a phrase or word or meaning represented by these visual puzzles?*



### Trivia Quiz

1. What is the Australian name for an oxbow lake?
2. What does the C represent in the physics equation  $E=MC^2$  ?
3. Which Australian State has the most dairy farms?
4. How many strings does a standard banjo have?
5. Which top 10 company on ASX is named after a Spanish River?

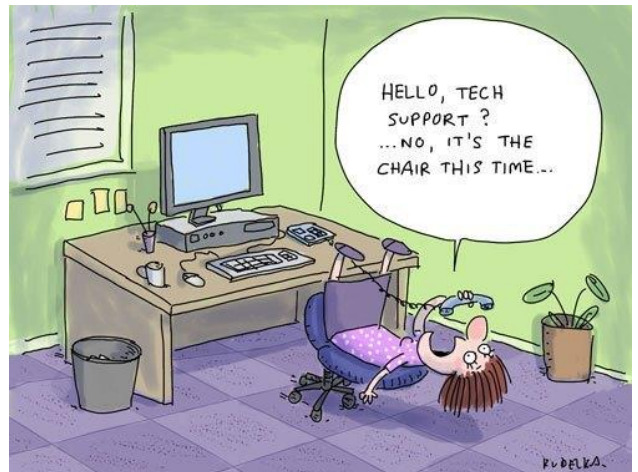
Quiz & puzzle solutions next page

Puzzles, Jokes & Trivia



**Mystery Shed Member**

Congratulations if you were able to identify Roger Medland in his younger days when working as a salvage diver in New Guinea. Roger and Margaret pictured above, on Kingaroy Glampers trip July 2019.



"Here you go; a loaner vehicle of equal value to your car till it's repaired."

Windbender Solution  
6 kilos of pellets

$$X+X+2+X+4+X+6+X+8=50$$

$$5X=50-20=30; X=6$$

Visual Puzzles solutions

Gross injustice  
Bad Influence

**Trivia Quiz Answers**

1. Billabong.
2. Speed of light.
3. Victoria.
4. Five.
5. Rio Tinto.