

NUTS & BOLTS



'Every man needs a shed'

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Message from the Editor

Editor: Ray Peddersen

cms_editor@carinamensshed.org.au

In This Edition

Page 2 Completion of Park Bench Project

Page 3 Guest Speakers, February

Page 4 Gold Coast Motor Museum Trip

Page 6 VMR Jacobs Well Trip

Page 7 Dr James G. Lergenesser Visit
Bunnings BBQ's- March & April
Brisbane Crates & Pallets Gift

Page 8 Poetry Corner

Page 9 "Who's in Charge" - Freddie Butler

Page 11 Photos of the Month

Page 12 "Kangaroo Feathers" – Bob Ikin

Page 14 Great Moments In Science

Page 15 Puzzles, Jokes & Trivia

This is the 12th Anniversary year of publishing Nuts & Bolts the first issue of Nuts & Bolts was produced by Bob Ikin (Editor) and Neil Smith (Publisher) in April 2012 just 6 months after moving into our new shed at the Clem Jones Centre and I took over job as Editor in October 2017. I really appreciate all the photos, jokes and articles that are submitted, which make my job so much easier.

"Too many birthdays is a major cause of death" - Yogi Berra



Carina Mens Shed Inc.,

Clem Jones Centre
56 Zahel Street
CARINA, QLD, 4152

Ph: 0466 092 603
E: cms_info@carinamensshed.org.au
W: www.carinamensshed.org.au

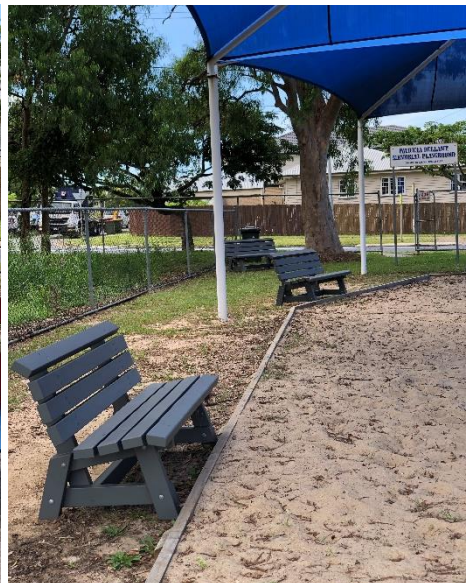
Carina Men's Shed valued supporters include:



Members News

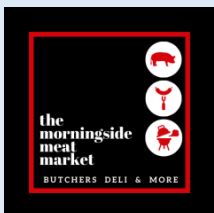
Completion of Park Bench Project *Tuesday 06 February 2024*

The four park benches constructed by our shed's workshop for the Patricia Bellamy Memorial Playground, were subjected to a rigorous quality control program before being loaded on to the ute, for installation at the playground.



Bunnings BBQ *Friday 09 February 2024*

The first Sausage Sizzle for 2024 was a great success raising \$750 thanks to the efforts of Eric Rowntree, Jim Standen, Peter Kucks, Klaus Binder, Paul O'Connell, John Rossberg, Adrian McDonnell, Gordon Bowler, Ken Gillard, Paul Gardiner, John Lochel, David Clarkson, Andrew Chapman, and Phil Allen.



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Members News



Guest Speaker
Monday 12 February 2024

Alex Cossu, dropped into the shed to introduce himself as the Labor candidate for the Dobby ward, in the local government elections in March and fielded questions from the shed members.



Guest Speaker
Monday 19 February 2024

Sandy Murray, the wife of shed member Bill Murray talked about her interest in researching her family's history and the various genealogy apps that can be used to improve your research and sometimes can lead you astray.

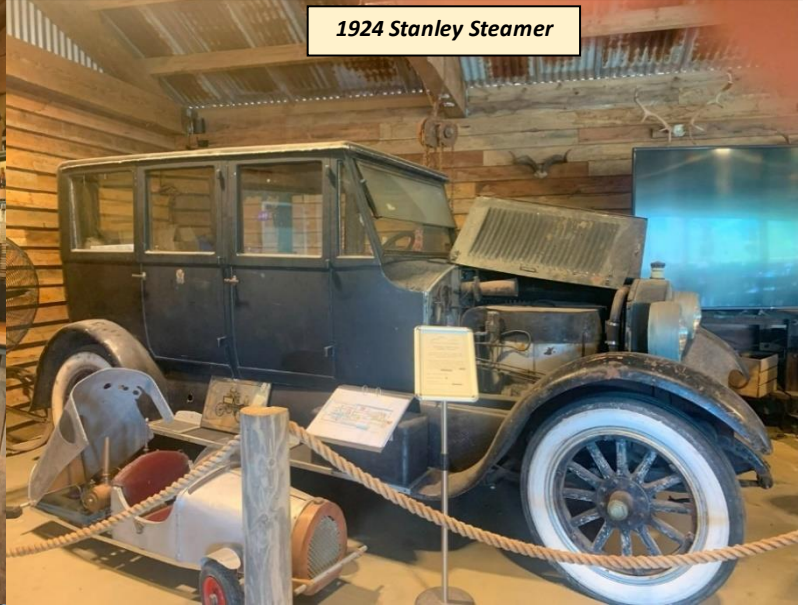


Guest Speaker
Monday 26 February 2024

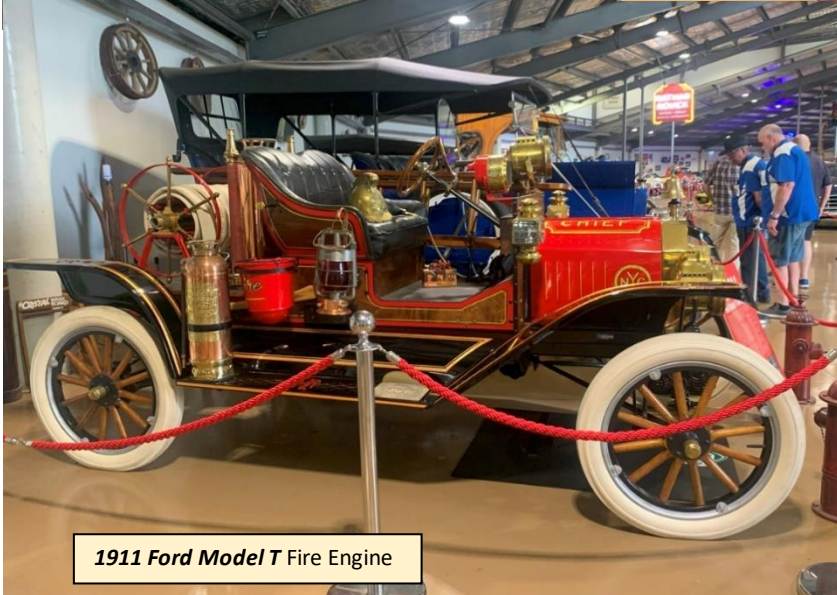
Lisa Atwood visited the shed to give an update on the women's shed project. A site has been made available within the Clem Jones Centre, funding grants secured, and the final design of the shed is almost complete. A management committee has been actively surveying what activities prospective members want to be available. Opening times likely to be late afternoon and early evening and Saturdays.

Gold Coast Motor Museum - Bus Trip Thursday 01 February 2024

As we approached the Gold Coast Motor Museum located in Upper Coomera, the damage from Christmas Eve storms in that locality was still evident, fortunately the museum narrowly avoided any damage. As you wandered through the site it was quite amazing to see so many cars, some up to 100 years old, still in show room condition and still driveable. We spent about two hours at the museum before heading to the Upper Coomera Tavern for a great lunch. On the journey home we had a brief stop at Yatala Pies, before arriving back at the shed at about 3:30pm.



1924 Stanley Steamer



1911 Ford Model T Fire Engine



1918 Ford Model TT produced as chassis only, bodies custom built by owners.



1952 Buick Estate Wagon "Woodie"





1958 BMW Isetta, a single cylinder car with fuel consumption of 94 mpg.



How many sets of rabbit ears in this photo?
Answer: Jokes & Trivia

Members News



VMR Jacobs Well Bus Trip
Thursday 07 March 2024

On arriving at the Jacobs Well Volunteer Marine Rescue, the manager outlined the important role of the 25 VMR squadrons from Currumbin to the Torres Strait that provide marine search and rescue services, to the boating public on a voluntary basis. We then split into smaller groups to check out the on-water facilities and to meet the crew members who keep the base operating on 24/7 basis, finishing up with a delicious morning tea. Lunch was enjoyed at Harrigan's Pub at the Calypso Bay Marina.



Members News**Guest Speaker** *Monday 11 March 2024*

Dr. James G. Lergessner is one of Queensland's most distinguished historians, biographers, and memoir writers.

In his talk to the shed members, James gave an outline of the various important events that have shaped Queensland's development, from the establishment of a gaol at Moreton Bay to Brisbane becoming MacArthur's headquarters in WW2. He completed his talk with his amusing memories of growing up and going to school in Annerley in the 1950's.

Bunnings BBQ *Sunday 10 March 2024*

Another great success raising \$2450 thanks to the efforts of Phil Allen, David Bastian, Peter Kucks, Jim Stander, Bill Eklund, Freddie Butler, Ron Webb, John Gormley, John Tihverainen, Roger Appleby, David Clarkson, and Andrew Chapman.

Bunnings BBQ *Friday 12 April 2024*

Another successful Friday BBQ raising \$750 thanks to the efforts of Ron Webb, Kevin Melican, Peter Kucks, Eric Rountree, Jim Standen, Adrian McDonnell, Rob Cousins, Brock Shears, Bill Eklund, Nick Moke, Phil Allen, David Clarkson, Ken Gillard, Stephen Look, Graham, Fraser, and Paul Gardiner.

**Brisbane Crates & Pallets Presentation**
Friday 23 March 2024

This gift was presented to **Brisbane Crates & Pallets**, the generous supplier of timber offcuts to the shed. The entire piece is made from recycled materials, most of them from the supplier. It even has a leather seat.

If -***Rudyard Kipling***

If you can keep your head when all about you
Are losing theirs and blaming it on you;
If you can trust yourself when all men doubt you,
But make allowance for their doubting too;
If you can wait and not be tired by waiting,
Or, being lied about, don't deal in lies,
Or, being hated, don't give way to hating,
And yet don't look too good, nor talk too wise;

If you can dream—and not make dreams your master;
If you can think—and not make thoughts your aim;
If you can meet with triumph and disaster
And treat those two impostors just the same;
If you can bear to hear the truth you've spoken
Twisted by knaves to make a trap for fools,
Or watch the things you gave your life to broken,
And stoop and build 'em up with wornout tools;

If you can make one heap of all your winnings
And risk it on one turn of pitch-and-toss,
And lose, and start again at your beginnings
And never breathe a word about your loss;
If you can force your heart and nerve and sinew
To serve your turn long after they are gone,
And so hold on when there is nothing in you
Except the Will which says to them: "Hold on";

If you can talk with crowds and keep your virtue,
Or walk with kings—nor lose the common touch;
If neither foes nor loving friends can hurt you;
If all men count with you, but none too much;
If you can fill the unforgiving minute
With sixty seconds' worth of distance run—
Yours is the Earth and everything that's in it,
And—which is more—you'll be a Man, my son!

"Who oversees the Men's Shed Members" submitted by Freddie Butler

The annual season of goodwill for Christmas and the New Year, was good while it lasted but it is now finished. The results of an over-indulged appetite, the stress of giving and receiving presents, dealing with relatives far and near, can now be forgotten. A comfortable chair in a quiet space with a decent liquid refreshment is a due reward. A man can now sit back and muse (which is neither illegal nor painful) upon the effects of family and friends on a man of peace during the festive season. But in his musings a man is not unaware of the female presence and her part in making things happen, even if such things are expensive and time consuming. Then, wouldn't you know it, another festive event is upon us. Easter beckons.

From our earliest childhood memories until the cautious present-day acceptance of the status quo, it may seem that us mere males are commanded -influenced-impeded-goaded-challenged by the perfumed steam rollers that are our female relatives. It is taken for granted by most civilized humanity that 'Mother knows best'. Unless there is a sister in the family. If she is older, you can be (or rather will) be the object of her demanding, not to say sometimes domineering, behaviour. If younger, she will become an expert at wheedling things from you, even your favourite toys. During these formative years of family life, the young male desperately tries to read the signs to avoid conflict. A young man cannot always rely on his dad for impartial assistance, because whatever the situation, he is there to keep the peace and of course temper the gradually increasing testosterone of the young male. Never forgetting that dad was a young man once, he has served his time, so he knows the score.



Having successfully completed this early apprenticeship in comprehension of the female specie, along came the challenges of the high school years. What can we do to get the attention of the current choice of our emotional attention? How many of us carried her satchel full of books. How many times have we promised to attend the school dance, got ourselves looking reasonably clean and smart, only to discover that she fancies an older boy in the year 12 group? How often have we faced discipline for being caught near the girls' domestic studies areas, where we begged to do test tasting on the results of that day's cooking? And to make the situation more dismal, the good cook was not the most attractive girl.

What a choice, a good cook, or a good looker? Which is not a desirable situation for any spotty faced teenaged boy. Next stage in male education is sorting and selecting a girlfriend. That is a situation fraught with disappointment and rejection. Shower twice, douse your person in deodorant, a clean shirt, shiny shoes and join the throng of eager hopefuls at the latest Dance Venue. Only a very few of these hopeful boys may be able to dance properly. One of the best investments in any teenaged boy's life was to learn to dance properly. Getting round the ballroom without treading on her toes earned you gold plated 'brownie points'. Other less accomplished hopefuls stood and watched at the dance floor perimeter. And those who watched you sail past expertly holding the latest dream, wished all manner of evil upon you.

Having travelled thus far in life, the next step is to have a regular young lady in your life. After a couple of changes of companion, the suggestion for a more permanent relationship is raised. And here beginneth the real lessons! Your knowledge of shops, apparel (colour and style), holiday choices, will suddenly be vastly increased. At this stage of maturity, the emergent man will learn important and diplomatic skills. Not the least of these acquired skills will be tactics for when you want to do something important, that overrides whatever she has planned for you.



But sturdily gird up your loins, for looming matrimony requires your undivided attention to the details of the service, dress, cars, location, venue, menu, and cost. But at least after the frantic activities of this happy event, you are assured of a holiday.

Sometime after that epochal event, comes an addition to the family. All sorts of weird events and food fads will occur such as, "You've forgotten my Cheese and Strawberry Yoghurt chips, again". There will be visits to babywear premises, plus the bookings at maternity places and keeping a close eye on the 'due date' all require your utmost concentration. But never forget that she oversees this event, but if something completely beyond your influence goes awry you will inevitably be blamed. Fast forward a decade or two and you'll discover that you have a new status as a grandfather.

This now elderly gentleman will sometimes be allowed to look after the gorgeous 4-year-old girl who will have him playing horses and dragons in the lounge and will always be available to take her to the park and be an eager and overgenerous provider of unlimited amounts of sweets and ice cream. Additionally, your march through life will have taught you survivalist skills when it comes to dealing with the (none-to-pleased) mother of your youngest relative upon your return home ...



So, whether it is at 5 years-15 years-25 years -50 years, a female will have some influence on a male. And what conclusion can be drawn from this life journey? It is that girls of any age are quite influential in a lot of our lifetime's activities.

But be of good cheer chaps, the girls of any age quite often provide us geriatric gentlemen with presents and happy surprises. What's not to like?

Photos of the Month

February Photo of the Month --Theme Country Life
This photo taken by Allan Johnson.



March2024 Photo of the Month --Theme Water
This photo taken by Allan Linning at Norfolk Island.

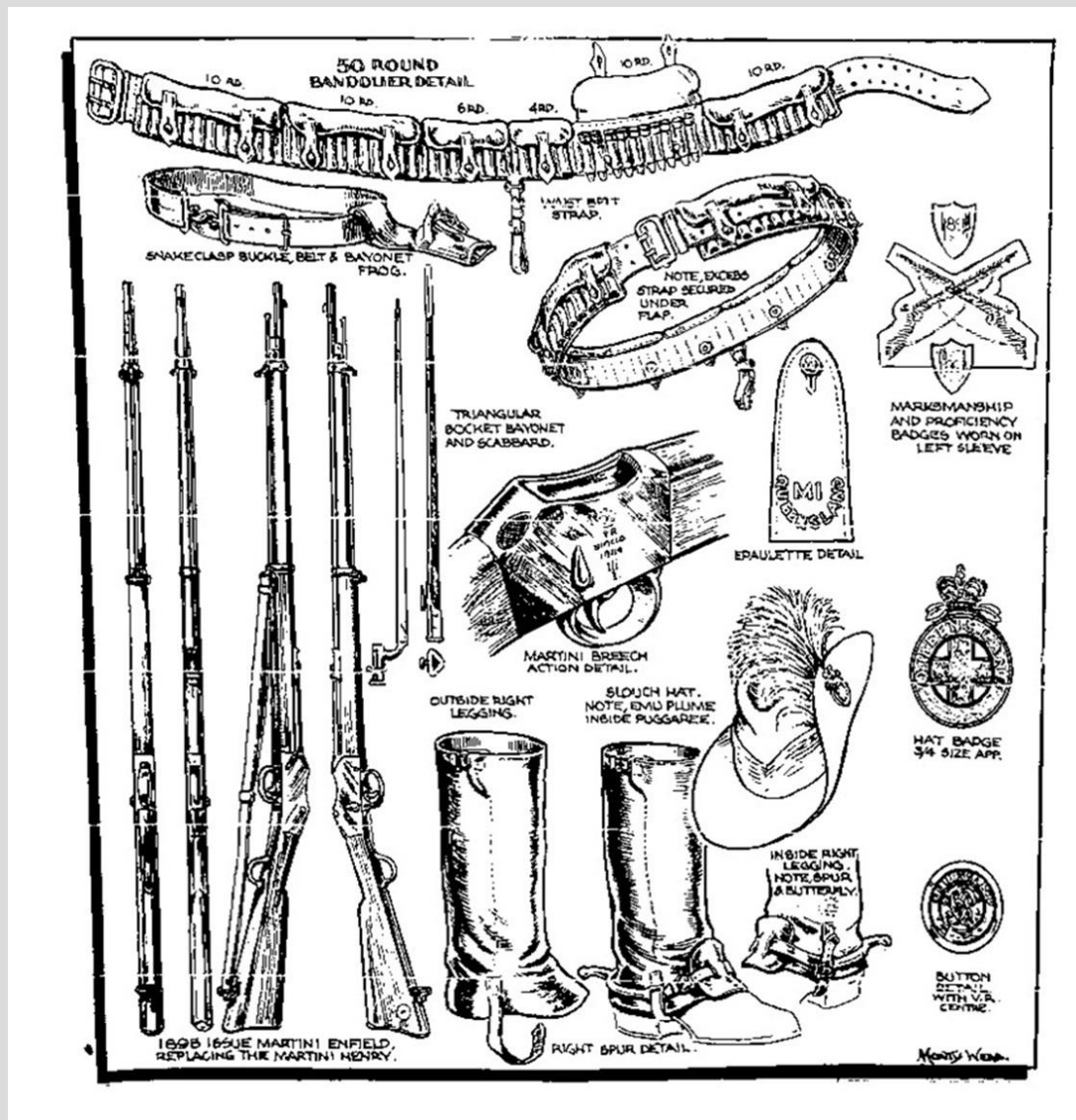


*Emu Plumes Versus Kangaroo Feathers – Submitted by Bob Ikin***EMU PLUMES VERSUS KANGAROO FEATHERS**

The colony of Queensland, once part of New South Wales, was established in 1859 and among the many problems facing the inaugural Government was one of prime importance, that being the defence of its vast territory of some 667,000 square miles.

The Colony was virtually defenceless, the British Garrisons having been withdrawn to participate in the Māori War in New Zealand, so a move was made immediately to raise a Corps of Volunteers to bolster the Colony's defences. Two troops of Mounted Rifles were raised, in 1860, one being in Brisbane, the other in Ipswich, as well as two companies of Infantry, but these troops were ineffective as there were no Imperial Troops to supervise their instruction.

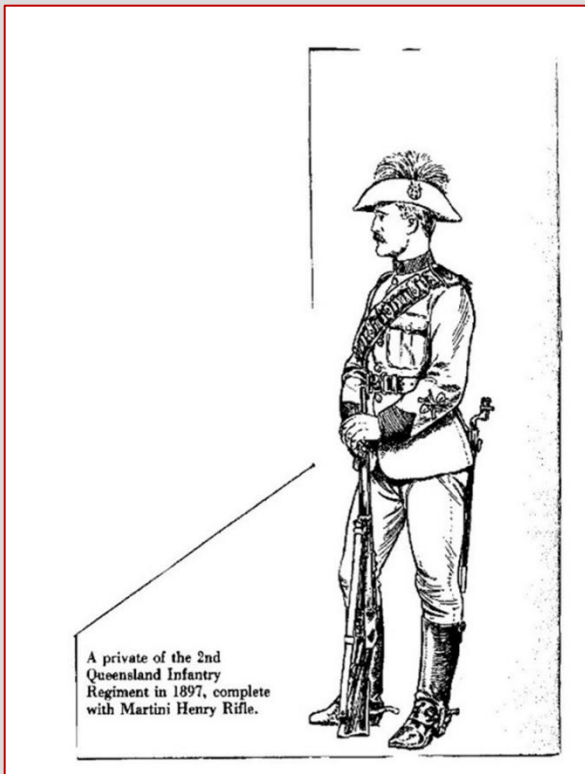
The credit for the introduction of emu plumes is given to General Sir Harry Chauvel during the great shearer's strike in Queensland. In 1891, the Queensland Mounted Infantry were called out, as soldiers to aid the civil power. During quiet time, the soldiers would ride their horses alongside the emus and pluck the breast feathers as a form of "sporting" activity and then place the feathers in their hat. The Gympie Squadron were the first to wear the feathers, a fashion soon followed by the Regiment.



The Queensland Mounted Infantry Soldier's Kit

The Queensland Government permitted the Regiment to adopt the plume as part of their uniform in recognition of their service. The then Minister for Defence Sir GF Pearce, ruled in September 1914, that the whole of the Queensland Light Horse might wear the plume and this privilege was extended in 1915 to all Australian Light Horse regiments by Prime Minister Fisher.

The Diggers of World War 1 pulled many British legs with their tall stories (kangaroo and bunyip farms, and treacle mines), but one of the best was convincing the Poms that the Emu plumes on their hats were kangaroo feathers.



With the reorganization of the Military Forces under the Commonwealth in 1903 the Queensland Mounted Infantry was transferred to make up the 13th, 14th, and 15th Australian Light Horse Regiments.

Bob Ikin

Sources:

- Preserving Our Proud Heritage – The Customs and Traditions of the Australian Army – L.I. Terrett & S.C. Taubert
- Australian Military Uniforms 1800-1982 – Monty Webb

Great Moments in Science with Dr. Karl Kruszelnicki

Insects fly to the Light.

Are flying insects really attracted to bright artificial night-time lights? The ancient Romans thought so, and they used lights at night to pull insects in. Then there's the well-known phrase, "*drawn like a moth to a flame*". Which makes it seem like people over many years have spotted insects coming into the lights, at night.

I've been asked why insects are attracted to light on various radio shows for a few decades – and it turns out I've always given an incorrect answer. To be fair, it wasn't entirely my fault. I was just sharing the best knowledge of that time. Until now, there were four main hypotheses to explain insects loving the lights at night. Now, the first one (which was both my favourite and wrong) was that the flying insects could navigate by fixing on the Moon. The Moon is very distant, about 400,000 km away, so if our insect started flying in a straight line with the Moon on its (say) right side, then after about 10 or 15 minutes, the Moon would still be on its right side. But down here on planet, Earth, artificial lights are so much closer. Suppose a flying insect is navigating by your barbecue light, which is only 50 metres away, and on its right side. After just a few metres of flying, our little insect sees that the barbecue light is no longer exactly on its right-hand side, but a bit behind. Our insect is clever enough to swing slightly to the right, so that your barbecue light will still be on its right – but which sends it spiralling in towards your barbecue light.

The second incorrect hypothesis was the insects would automatically head for any nearby light, because this was some kind of inbuilt protective escape mechanism. The rationale was the insects were aiming for a gap in the foliage, where some light might be shining through, and so they could escape through a tiny gap, guided by the light. The third wrong hypothesis was that nocturnal flying insects have eyes that can pick up heat radiation. And sure, before LEDs, incandescent lights gave out much more heat than light. The fourth erroneous hypothesis was that nocturnal flying insects have eyes that are especially adapted to the lower amounts of light present at night. So, they are potentially blinded by bright artificial lights, and as a result, will fly, erratically or even crash.

The authors of a new paper did some neat tests to disprove every single one of these hypotheses. This was because over the last few years, we've had enormous advances in vision and computer technology, both hardware and software. Now we can film small, dark insects, moving very quickly, and in very low light levels. And we also have good tracking software, and faster computers, so with their powers combined, we can analyse the movies of the small flying insects and see what they actually do. For example, we can now measure how much flying animals tilt their bodies to change direction – a very important clue, in understanding why flying insects end up near artificial lights. The new theory was developed after filming insects flying in the dark. It says, very specifically, that flying insects are not attracted to artificial lights.

But artificial lights do interfere with a basic insect automatic flying control system. This mechanism is called the Dorsal Light Reflex. "Dorsal" just means "back". Flying insects use this automatic system to keep themselves flying straight and true. The Dorsal Light Reflex is very simple - flying insects, line themselves up to keep the light shining on their back. That's it, and in both daytime and night-time, the brightest part of the natural environment is usually the sky. But at night, artificial lights are brighter than the natural light of the stars and the Moon and messes up this automated control system. So, insects end up doing one of three behaviours.

The first one is called "inverting". So, if insects are flying above the house or street lights, they'll flip onto their back, and simply just start plummeting towards the ground. Once they're no longer in the light, they can recover and then they can fly back up into the light again and keep on going through this loop of inverting and recovering.

The second behaviour is called "stalling". In this case they do loop-the-loop circles - and when they're upside down, they simply fall towards the ground. And again, once they no longer see the light, they revert to their normal behaviour, and then get caught in a loop of stalling and recovering - over and over.

The third behaviour is called "orbiting". In this case they do successfully keep their backs to the light, but now they are doing circles around the light. Instead of their wings pushing air mostly downwards, their wings are pushing air mostly off to the side, and only a little bit downwards. But, with a lot of hard work, they can keep on flying.

So, our poor nocturnal flying insects are not drawn to the light – nor are they guided by it. Instead, they are totally blind-sided

<https://www.abc.net.au/radionational/programs/greatmomentsinscience/>

Puzzles, Jokes & Trivia



Can you complete these four words using the same three letter sequence in each?

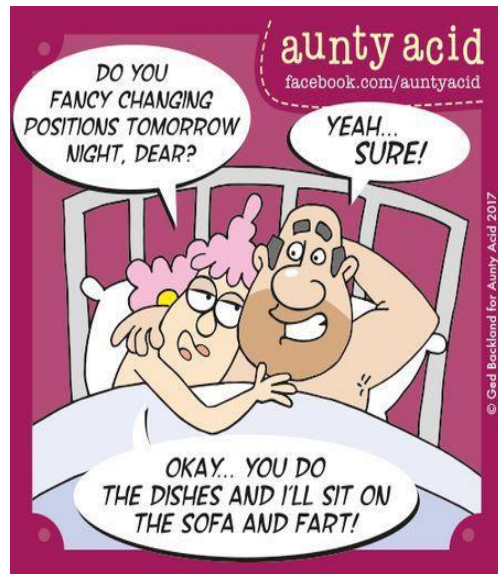
DE - - - - T
 - - - - AR
 COB - - - -
 W - - - - Z

Quiz & puzzle solutions next page

Trivia Quiz

1. The Liverpool Plains are found in which Australian state or territory?
2. Which iconic Australian road is often called the world's largest war memorial?
3. In what year were 1c & 2c coins removed from circulation in Australia?
4. As the crow flies what city is closer to London: Canberra, Melbourne, or Sydney?
5. Should a boomerang be thrown parallel or perpendicular to the ground?
6. In which state or territory is Kings Canyon?

Puzzles, Jokes & Trivia



One day you'll find someone that is obsessed with you. It's probably going to be a dog, but it is what it is.

I woke up this morning determined to drink less, eat right and exercise... But that was 4 hours ago...when I was younger and full of hope.



Number of Rabbit Ears Solution: Five sets



- Trivia Quiz Answers**
1. New South Wales.
 2. The Great Ocean Road, Victoria's south coast.
 3. 1992.
 4. Melbourne.
 5. Perpendicular
 6. Northern Territory.

Missing Letters

DEALT
ALTR
COBALT
WALTZ